



Intravenous Sedation Instructions

Please ensure before your appointment:

- You advise us of any changes in your medication and allergies.
- Remove any nail varnish to allow access to a fingernail (for monitoring).
- You may eat a light meal up to 2 hours before the appointment.
- Wear comfortable clothing with the ability to access an arm for blood pressure monitoring.
- Do not drink any alcohol before your appointment.
- Make sure you have an escort to bring you to the appointment and they are available after the procedure.
- Please ensure you understand the treatment plan that is proposed and check any queries you have.

After your appointment:

- You must be accompanied home by your escort and looked after for the remainder of the day or overnight (if recommended).
- You must travel home in a taxi or private car.
- No driving, riding a bike or operating machinery for 24 hours
- Do not consume any alcohol or smoke for 24 hours.
- You will not be able to sign legal documents or carry out some domestic tasks for the following 24 hours.
- You will be given specific instructions related to the procedure being carried out in separate documentation.
- You will be unsuitable to care for dependants (children etc) so please be aware of this.